

# Head lice

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## Head Lice Protocol

Last revised: 10/05/2023

Dear parents,

Given the presence of head lice in our community, we kindly ask you to check and, where necessary, treat your children following the recommendations of the Regional Health Department (Consellería de Sanidad) set out below.

For the good of everyone, we would be grateful if, should your children be affected, you did not bring them to school until you are sure their hair is free of nits. This will prevent further spread.

Please be aware that a head lice infestation does not reflect poor hygiene habits and is therefore no reason for embarrassment or concealment.

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## Recommendations of the Regional Health Department

1. Check your children's heads, especially behind the ears and at the nape of the neck.
  2. Only start treatment if lice or nits are found.
  3. Use a lotion containing at least 1% PERMETHRIN. Apply it to dry hair (if bought as a cream, apply it to damp hair) and leave it on for 10 to 30 minutes. Avoid contact with the eyes, skin and mucous membranes.
  4. Wash the hair with normal shampoo.
  5. Comb the damp hair with a nit comb (available from pharmacies) for at least 15 minutes, separating it into sections and cleaning the comb after each stroke.
  6. Let the hair air-dry without using a hairdryer.
  7. Check the hair daily, combing it with the nit comb while damp.
  8. Repeat the whole treatment one week later.
  9. Keep combing with the nit comb and removing nits for at least two weeks, until you are sure none remain.
  10. Soak brushes and combs in boiling water for 10 minutes.
  11. Wash clothes at 55 °C and then iron them, especially the seams.
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Thank you very much for your cooperation.

**SENIOR LEADERSHIP TEAM**